

VISIT BAD KREUZNACH IN 2 HOURS

RECOMMENDATIONS FOR YOUR DISCOVERY TOUR

The start of your tour is in front of the House of Guests ①, where it will also end. There is the Tourist Information, the Crucenia Health Centre (for an ambulant treatment), and the Concert and Theater Hall “Die Loge”. The core of the ensemble is the representative Loge Building, which was constructed by the freemasons in 1925. We leave the building, turn to the left into the Spa House Street “Kurhausstraße” and walk along the plane trees avenue ② to the St. Paul’s Church ③. The Church was inaugurated in 1332 – in those days in front of the Town Wall. Only the choir of the Gothic Church in the direction of the Old Nahe Bridge has been preserved. The main building is a late-baroque new construction which was completed in 1781. The troops of the Sun King Louis XIV destroyed the medieval Church and the Castle “Kauzenburg” in 1689.

TO THE LANDMARK OF THE CITY
IN THE DIRECTION OF THE OLD NEW TOWN

From the Spa House Street we can reach the Old Nahe Bridge with its Bridge Houses on the pillars 4. This is the landmark of the city which connects the two parts of the town for more than over 700 years. Only the right part has been preserved in its original state as a stone arch bridge with pillars as it was built around the year of 1300. The Bridge Houses on the pillars were added only 200 years later. The left part of the Bridge was destroyed by German soldiers in 1945. It was replaced by a new construction.

On the right side you can see the Corn Market with its Karl Steiner's Original's Fountain with characters from Bad Kreuznach ⑤. From the Bridge you have the most beautiful view to the Castle "Kauzenburg" ⑥ – which was built around 1200 by the Earl of Sponheim. The medieval town was created around the Castle. This town is named the Old New Town because it is younger than the former settlements from the Celts and Romans. We turn to the left into the New Town and follow directly an arcade at the end of the Bridge. Then we reach the Bridge of the stream "Ellerbach" with Little Venice ⑦. The stream, which flows through the New Town, discharges near by the bridge into the River Nahe. There the rows of houses are constructed on the medieval town wall. From the bridge you can see another bridge, on which the oldest Bridge Houses of the town were built over. Below of the bridge there is the fisher gate. We go straight on and cross an alley, which is called the "Magister-Faust-Gasse". After that we pass a small alley, the Old Jewish Quarter. Afterwards you stay on the left side and reach the St. Nicholas Church ⑧ and the Egg Market ⑨.

The St. Nicholas Church, which was built in the 13th century, was part of a large Carmelite Monastery. The Egg Market had been the central marketplace for a long time. There had to be sold all goods. The Potter Market **10**, the Fish Market **11**, the Salt Market **12** and the Butchers' Quarter **13** also belong to the Egg Market. The entry is on the west side of the Egg Market. We can have a look at it if we have the regulatory agency of the town behind of us. A narrow opening leads us into the smallest alley of the town the "Schar". Once there

were the slaughtering blocks from which the butchers offered their fresh meat for sale.

After leaving the narrow alley, we stay on the left side. We pass the Guest House Krone and walk until we reach the fountain at the entry of the “Zwingel” ¹⁴. Now we are below the castle “Kauzenburg”. We turn to the right into the “Zwingel”, which is a part of the old fortification, we get through a gate in the medieval town wall ¹⁵ into the Castle Garden, the old Manor of Bangert. We follow the way up to the Castle of Amalie of Anhalt-Dessau with the today’s Castle Garden Museum ¹⁶. The old pond reminds of the prehistory as a castle surrounded by moats. Today the palace presents urban and art history collections especially of the 19th century.

ON THE WAY ABOVE THE ROOFS OF THE TOWN

We follow a way between the pond and the castle “Kauzenburg”. If you went straight forward, you would reach the Museum for Puppet Theatre Culture and the Roman Hall **17**, a worthwhile detour. However, we take the shortest way, turn left and leave the way along the pond. We walk through the forest of the Castle Hill and get on a serpentine road onto the plateau of the “Kauzenberg” Hill. Around the castle, there is a way, which leads us to a beautiful view point **18**, and from there we go steeply downhill to the Panorama Path. We walk this path above the roofs of the Spa Area until we reach a view point. It is below the Tea Pavilion **19**, which was established in 1820.

The detour is worthwhile and offers a panoramic view over the east of the town even up to Rhine-Hesse. However, we go downstairs and reach next to the Hotel Quellenhof the Nightingale Way "Nachtigallenweg". From there you can have a look at Elisabeth Spring. We follow the way on the right side along the River Nahe until we reach the Bridge of the Saline Valley "Salinenbrücke". Nevertheless we go straight and reach after 50 m a pedestrian crosswalk, which we cross over and branch off into the Saline Valley after a few minutes.

BREATHE IN FROM THE SALINE VALLEY
TO THE SPA GARDENS

At first, we reach one of the powerful graduation towers **20** for accumulation of salt. By walking along the graduation tower we enjoy the salty breeze and the view over the Weir of the Nahe and the Canoeing-Regatta Course of the Olympia Team's Training Camp. We cross the graduation tower and reach a water wheel **21**, which pumps up salt water onto the graduation towers. After leaving the water wheel behind us, we cross the graduations tower again and reach a bridge, which we cross over. After passing the Campsite and the Gastronomy Brauwerk, we can see another graduation tower. Behind them we pass under the Bridge of the Saline Valley, reach the Rose Island **22** and follow the way along the bank of the River Nahe until the Sculpture of the Sun **23** – the beginning of the Planetary Way. We stroll approx. 200 m along the Orange Park **24** (which got the name because a member of the famous family of Orange lived here in the 17th century) to the Bridge of the Spa Garden – just next to the Elisabeth Spring **25**. A path on the promenade with a view of the River Nahe is the final stage, which ends at the Inhalation Park on the opposite of the House of Guests – and you have reached our starting point again. Settle down at the salt-vaporiser and inhale and enjoy the fresh salty air beneficially to your bronchial tubes **26**.



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